**Risky Behaviours**

All of the following behaviours are considered to be “risky” behaviours. Rank these behaviours in the order that you think pose the most risk. Start with the least risky (1) and end with the most risky (14)

\_\_\_\_\_Riding a bike while wearing a cycling helmet

\_\_\_\_\_Riding a bike but not wearing a helmet

\_\_\_\_\_Rock climbing

\_\_\_\_\_Going on a roller coaster

\_\_\_\_\_Walking home alone in the dark

\_\_\_\_\_Getting a late bus

\_\_\_\_\_Hitching a lift (hitch hiking)

\_\_\_\_\_Hanging around the center of Abbotsford on Saturday night

\_\_\_\_\_Smoking a cigarette

\_\_\_\_\_Drinking alcohol at a party

\_\_\_\_\_Smoking cannabis (pot)

\_\_\_\_\_Going to a party and trying a tablet that someone gives you – they say it is Ecstasy

\_\_\_\_\_Injecting heroin

\_\_\_\_\_Chatting to someone you do not know in real-life online

After standing on the continuum with the rest of the class, how did your ideas of how risky these things could be change at all? If so, how did your opinion change? If not, why do you think that you arrived at your conclusion?

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**Part 2: Feeling Safe, Feeling Unsafe**

Write down as many thoughts and feelings that you might have if you feel safe or unsafe. Remember, feeling ‘unsafe’ is not the same as feeling ‘scared’ (such as in a personal emergency)

|  |  |
| --- | --- |
| Safe | Unsafe |
|  |  |