Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**HCE 9**

**Proper Eating Habits Vs. Academic Performance**

<http://everydaylife.globalpost.com/proper-eating-habits-vs-academic-performance-15300.html>

**Task**: Read the e-article by following the link above. After you read this article, respond to what the author says by writing a well-answered paragraph below.

This article points out that bad nutrition negatively impacts students’ performance in school. The author notes that there are 3 key issues that tie into this: (1) students skip breakfast on purpose, (2) students may not be able to afford to eat healthy, and (3) poor eating habits lead to social problems for many students.

**You write:**

\*After reading the article, write a long paragraph that explains what you think your school is doing well to help students understand good nutrition and what you think that your school could improve on to better educate students about this important issue.